

# North Baddesley Junior School



## CONTACT - The School Newsletter Summer Term (4)

Dear Parents and Carers,

We are delighted to begin by extending our congratulations to the Year 6 children for successfully completing their national tests this week. They have shown remarkable dedication and resilience, and we are incredibly proud of their hard work. We also want to express our gratitude to the entire school community for their support in maintaining a calm and quiet environment during this important period. Your cooperation and encouragement have undoubtedly contributed to the children's success.

Wrapping up the week on a high note, we celebrated with a REF day. The children enjoyed many activities out in the school grounds.



PAPAYA in partnership with the schools of Romsey invite you to:

### LET'S TALK ABOUT OUR KIDS AND THEIR TECH



**Dr Helen Thomas** is a GP in Hampshire, a member of Health Professionals for Safer Screens as well as a parent member of Smartphone Free Childhood. Dr Thomas has delivered health harms talks in schools and healthcare professional training across Hampshire.

**Hannah Verney Lloyd** is a qualified teacher with over ten years of experience and, most recently, served as an Assistant Head Pastoral at a London prep school. She is passionate about mental health and wellbeing and cares deeply about empowering parents, children, and teenagers as they navigate managing their online lives to achieve the best possible mental health and happiness.



**ROMSEY RUGBY CLUB, GRANGER FARM SPORTS PAVILLION, SO51 0EE**  
June 10<sup>th</sup> 2025 6.15-7.45 PM  
**SECURE YOUR FREE TICKET HERE OR VIA QR CODE**

We would like to remind parents and carers about the upcoming workshop on children and the use of technology, which was highlighted in a separate parent mail sent last week. This workshop presents a valuable opportunity for us as parents to gain insight into the importance of mental health in our children

and learn how we can actively keep them safe in the digital world.

The event will feature discussions led by professionals in the field, providing us with valuable knowledge and strategies to support our children's wellbeing and safety online. We strongly encourage all parents to attend this informative workshop, as it promises to be an enlightening and beneficial experience for all.

#### HELPING FAMILIES TO THRIVE IN THE DIGITAL AGE

Parenting in the **digital age** has never been more complex, with issues surrounding screen time, social media use, and gaming. Many parents are concerned about their children's mental health, especially the impact of screens on it.

In this interactive talk, Dr Helen Thomas and Hannah Verney Lloyd will unpack some of the **complex issues** surrounding smartphone use and, in a **non-judgmental** manner, aims to help you find solutions that work for your family.

#### TOPICS

- The link between mental health and wellbeing and spending too much time online
- Strategies for delaying the smartphone
- Strategies for families to achieve a healthy balance with technology
- Question and discussion time

**ENQUIRE ABOUT A FREE KS2 PAPAYA WORKSHOP FOR YOUR SCHOOL**

Please mark your calendars and make every effort to join us for this essential workshop. The safety and well-being of our children are paramount, and by

attending, we can equip ourselves with the knowledge and tools to safeguard them in their digital activities.

We look forward to seeing you there and working together to ensure the best for our children.

Thank you for your attention, and we appreciate your continued support in creating a safe and healthy environment for our children.

### **Student Spotlight**



At the weekend, eight members of the school received their Chief Scout Award certificates from the Mayor of Romsey at the Romsey District Scouts Awards Evening. To achieve their Award, they each had to complete a number of activity badges and challenge awards (including a



personal challenge). Freya, Ollie, Joshua and Toby, from year 3, all got their Bronze Awards (the highest Award in Beavers) and Eli, Danny, Abigail and Alfie, from year 5, all got their Silver Awards (the highest Award in Cubs). Well done to all of them.

If you have a child who would like to be added to the waiting list for any of the North Baddesley Scout Groups please visit <https://nbscouts.org.uk/join> . If you are an adult and you are interested in volunteering with the Scout Group, please visit <https://nbscouts.org.uk/volunteer> .

We are delighted to share with you the fantastic news that Arlo from Year 4 recently attended the annual Hockey Awards day and received an award for the most improved boy player in his age group. We are incredibly proud of his dedication and hard work that led to this well-deserved recognition.



Moreover, it is with great excitement that we announce that Arlo had the privilege of having his award presented by a GB Olympian, making the moment even more special and memorable for him. Olympic Hockey Gold Medallist and England Hockey President Alex Danson-Bennett MBE presented him his award at the Romsey Hockey Club Junior Awards Day on Sunday 11th May.



Please join us in congratulating Arlo for his remarkable achievement and for representing our school with such distinction. We look forward to celebrating more successes like this in the future.

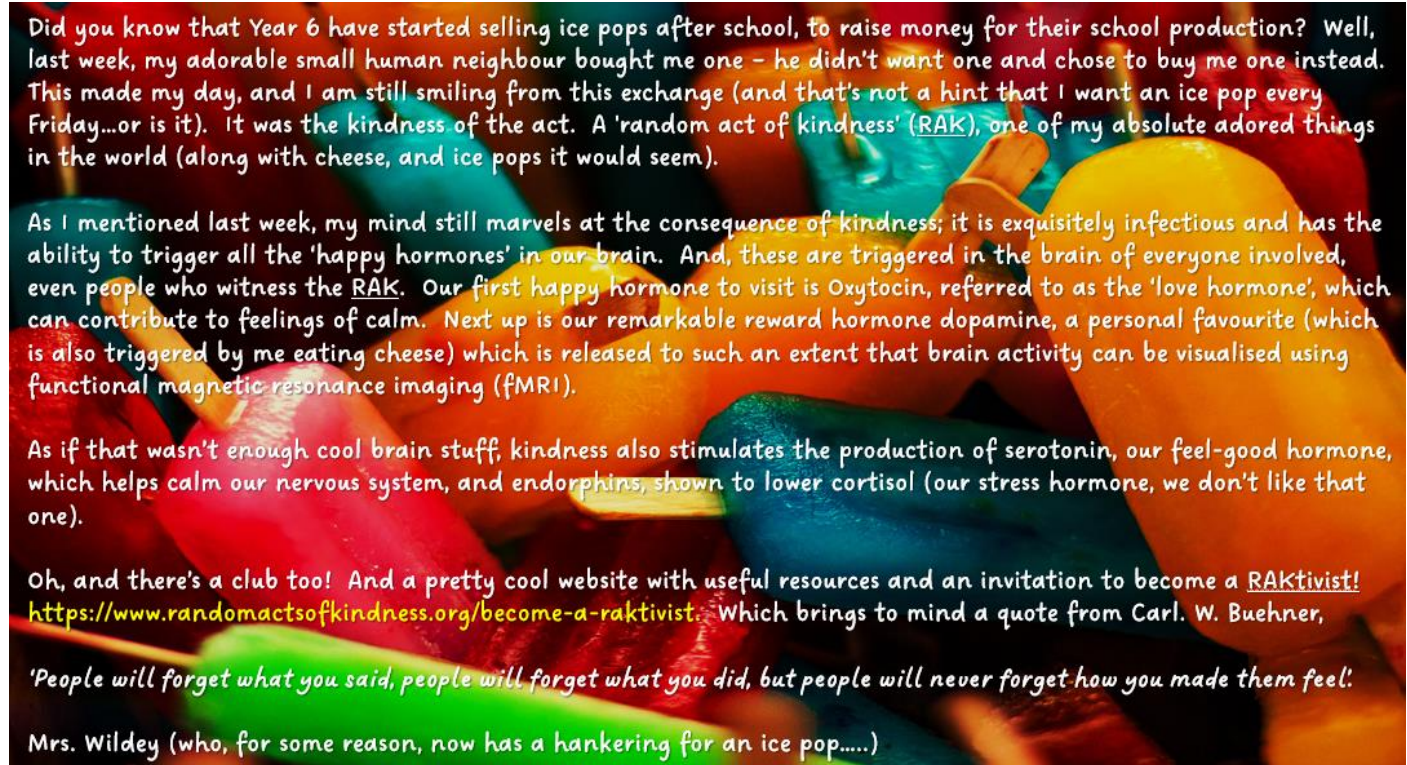
We wish you a lovely weekend.

Warm regards,

Best wishes,



Miss L. Wootten,  
Head Teacher



Did you know that Year 6 have started selling ice pops after school, to raise money for their school production? Well, last week, my adorable small human neighbour bought me one - he didn't want one and chose to buy me one instead. This made my day, and I am still smiling from this exchange (and that's not a hint that I want an ice pop every Friday...or is it). It was the kindness of the act. A 'random act of kindness' (RAK), one of my absolute adored things in the world (along with cheese, and ice pops it would seem).

As I mentioned last week, my mind still marvels at the consequence of kindness; it is exquisitely infectious and has the ability to trigger all the 'happy hormones' in our brain. And, these are triggered in the brain of everyone involved, even people who witness the RAK. Our first happy hormone to visit is Oxytocin, referred to as the 'love hormone', which can contribute to feelings of calm. Next up is our remarkable reward hormone dopamine, a personal favourite (which is also triggered by me eating cheese) which is released to such an extent that brain activity can be visualised using functional magnetic resonance imaging (fMRI).

As if that wasn't enough cool brain stuff, kindness also stimulates the production of serotonin, our feel-good hormone, which helps calm our nervous system, and endorphins, shown to lower cortisol (our stress hormone, we don't like that one).

Oh, and there's a club too! And a pretty cool website with useful resources and an invitation to become a RAKtivist! <https://www.randomactsofkindness.org/become-a-raktivist>. Which brings to mind a quote from Carl. W. Buehner,

*'People will forget what you said, people will forget what you did, but people will never forget how you made them feel.'*

Mrs. Wildey (who, for some reason, now has a hankering for an ice pop.....)

**This Week**  
**98.1%**

# Attendance



Aiming for  
97%+



Year	Attendance this week
3	99.66%
4	98.59%
5	95.65%
6	100% WOW!

### Dates for the Diary

- Highlighted means it has been added since the original contact and is a new date/event
- Highlighted means there has been a change of date/information from the original date set.

	Y3	Y4	Y5	Y6	
MAY 2025					
Monday 12th- Thursday 15th May			✓		Year 6 SATs Week
Friday 16th May			✓		Whole school REF day - wear old clothes to school.
Monday 19th May - Friday 23rd May			✓		Year 6 Booster Swimming Lessons
Tuesday 20th May	✓				Year 3 Egyptian workshop - Treehouse Theatre
Wednesday 21 <sup>st</sup> May			✓		Stone Farm Parent Meeting (5:00 – 6:00)
Thursday 22nd May	✓	✓	✓	✓	Class Photos - End of year.
Thursday 22nd May	✓	✓	✓	✓	School Disco (Yr.3 & 4: 4.30 -5.45) (Yr. 5 & 6: 6:00 – 7.15)
Friday 23rd May	✓	✓	✓	✓	Inclusion Day (School PE kits to be worn).
Monday 26th- Friday 30th May	✓	✓	✓	✓	MAY HALF TERM
JUNE 2025					

Monday 2nd June – Friday 13th June	✓			Year 4 Statutory Multiplication Tables Check
Thursday 5th June	✓	✓	✓	SPORTS DAY PART 1 9-12.10pm (wear PE kit to school)
Friday 6th June	✓	✓	✓	SPORTS DAY PART 2 9-1.00pm (Parents invited with parent picnic.) Wear PE kit to school.
Wednesday 11th June	✓			Year 3 Egyptian day (Dress up)
Tuesday 10th June				Year 2 Parent Meeting for September 2024 Year 3's
Thursday 12th June			✓	Year 6 RSE parent meeting 3:30 - 4:30 (Adults only).
Wk. beginning 16th June	✓	✓	✓	Last week of Sewing, Athletics and Rounders Clubs
Tuesday 17th June	✓			Year 3 Parent RSE Meeting (3:30 - 4:30)
Friday 20th June	✓	✓	✓	INSET DAY
Wk. beginning 23 <sup>rd</sup> June	✓	✓	✓	Last week of Sewing, Athletics and Rounders Clubs
Monday 23 <sup>rd</sup> June - Friday 27 <sup>th</sup> June			✓	Year 6 Residential- Stone Farm Please note the Monday is an INSET - trip is still leaving on the Monday.
Monday 23 <sup>rd</sup> June	✓	✓	✓	INSET Day Children going to Stone Farm to be in school at 9:30 for 10:00 leave. Early check in available at 8:50.
July 2025				
Tuesday 1 <sup>st</sup> July			✓	Year 5 RSE Parent Meeting (3:30 - 4:30)
Wednesday 2 <sup>nd</sup> July	✓	✓	✓	Transition Day (TBC with secondary school).
Wednesday 2 <sup>nd</sup> July	✓	✓	✓	Meet the new teacher
Thursday 3 <sup>rd</sup> July		✓		Year 4 RSE Parent Meeting (3:30 - 4:30)
30 <sup>th</sup> June - 4 <sup>th</sup> July 7 <sup>th</sup> July - 11 <sup>th</sup> July		✓		Year 4 Swimming (every PM)
Monday 7 <sup>th</sup> July	✓	✓	✓	Last week of Dance and Crochet club
Friday 11 <sup>th</sup> July	✓	✓	✓	End of year reports go home.
Thursday 10 <sup>th</sup> July			✓	Year 6 production photos 9:30
Thursday 10 <sup>th</sup> July			✓	Last day of Choir Club
Tuesday 15 <sup>th</sup> July				Rock 2 the Beat at 2:30pm
Wednesday 16 <sup>th</sup> July			✓	Year 6 production- Matinee Performance to parents 1:45
Wednesday 16 <sup>th</sup> July			✓	Year 6 production- Evening Performance to parents 6:00
Thursday 17 <sup>th</sup> July			✓	Year 6 production- Evening Performance to parents 6:00
Friday 18 <sup>th</sup> July			✓	Celebration trip to Paultons.
July (Date TBC)			✓	Year 6 Information Evening at Mountbatten time TBC
Monday 21 <sup>st</sup> July			✓	Year 6 leavers festival/leavers lunch
Tuesday 22 <sup>nd</sup> July			✓	Leavers Event - Parents invited 10:00 – 1:00 (Assembly & picnic on the field)
Tuesday 22 <sup>nd</sup> July	✓	✓	✓	END OF TERM - Finish at normal time.
23 <sup>rd</sup> July -	✓	✓	✓	Summer Holiday





**THE MOUNTBATTEN SCHOOL**

# **OPEN EVENING**

**PROSPECTIVE Y7 - SEPTEMBER 2026**

Are you looking for a great education for your child both inside and outside the classroom?

An Open Evening for prospective Year 7 students,  
for the September 2026 intake,  
will be held on Thursday 26 June 2025  
from 6.00pm – 8.00pm

We look forward to welcoming you to  
The Mountbatten School.

**WWW.MOUNTBATTEN.SCHOOL**



**@THEMOUNTBATTENSCHOOL**

## SPANISH Club Summer 2.

Join SPANISH club!



**WINNER**

**4Kids**

**National  
Children's Activities  
Awards  
2024**

With headline sponsor  **Morton Michel** 



*Mónica Sevilla*

FRANCHISE OWNER KIDSLINGO SPANISH SOUTHAMPTON NORTH, ROMSEY, EASTLEIGH

monica.sevila@kidslingo.co.uk  07733002361

### 🔗 Registration link:

[https://docs.google.com/forms/d/e/1FAIpQLSeqLeG2aYOYXBZcUSMFkZgqZ3JwX1DT\\_iUWfbA-bqN4JDn3w/viewform?usp=sharing](https://docs.google.com/forms/d/e/1FAIpQLSeqLeG2aYOYXBZcUSMFkZgqZ3JwX1DT_iUWfbA-bqN4JDn3w/viewform?usp=sharing)



**YOUR SPORTS  
EDUCATION**

# MAY HOLIDAY CLUB

**27TH - 29TH MAY**

[www.yoursportseducation.co.uk](http://www.yoursportseducation.co.uk)



## OUR ACTIVITIES

Sports and physical challenges  
Nature projects      Cooking / food crafts  
Creative Crafts      Games and teamwork  
Life skills workshops      Silly science  
Infatables and disco dome

**TUESDAY PAMPER DAY**

SWITCH YOUR DAILY  
ACTIVITIES TO A PAMPER DAY

**+£5**



## ROMSEY PRIMARY SCHOOL

YR1 - YR8

Whole day: 8.30am - 4.30pm    £30

Half day: 8.30am - 1.00pm    £17.50

Half day: 12.15pm - 4.30pm    £17.50

YR RECEPTION

9.00am - 1.00pm    £17.50



**BOOK NOW**

[team@yoursportseducation.co.uk](mailto:team@yoursportseducation.co.uk)

**07801 731022**



# ACE SPORTS HOLIDAY CLUBS

Action Packed Holiday Club **FUN!!**

# SUMMER HOLIDAYS 2025

## SHERBORNE HOUSE SCHOOL Chandlers Ford



**Week 1.. Wednesday 23rd to Friday 25th July \*\***

**Week 2.. Monday 28th July to Friday 1st August**

**Week 3.. Monday 4th to Friday 8th August**

**Week 4.. Monday 11th to Friday 15th August**

**Week 5.. Monday 18th to Friday 22nd August**

**£29 PER DAY OR JUST £130 FOR A WHOLE WEEK!!**

**\*\* Week 1 Special Offer... All 3 days for £82!!**

**CYCLING DAY**  
Friday 22nd August



**10% DISCOUNT FOR ADDITIONAL SIBLINGS!!**

**FULL WEEK BOOKING DISCOUNTS!!**

**8.30PM TO 4.30PM**

**EXTENDED DAY PASSES TO 5.30PM AVAILABLE**

**HALF DAYS FOR YEAR R's UNDER 5 (Ace Mini's)**

**Dodgeball Go Karting NERF Archery Laser Tag Football Pad Boxing Cricket Kabaddi Curling Hockey Gladiators & more!!**



**Childcare vouchers  
accepted!!**



**02380 379617**

**acesportsandeducation.com**





## May 2025

inourplace is funded in your area to provide your family with free access to expert learning about childhood development, wellbeing, brain changes, and much more to help you to connect with your children and make sure they thrive.

Here's a quick round up of what we think is great on [inourplace](https://inourplace.co.uk) this month.

### End of term prep for school moves



## Moving up

A digital hub of resources for parents to help you navigate and support your child to thrive as they move up or start a new school

[\(easy reads and watch digital hub\)](#)

### Adolescence: Emotional health for boys



## How parents can raise emotional skills development for young boys



The Child Psychologist and Psychotherapist's view

[\(5 minute read\)](#)



The child development and wellbeing course for parents

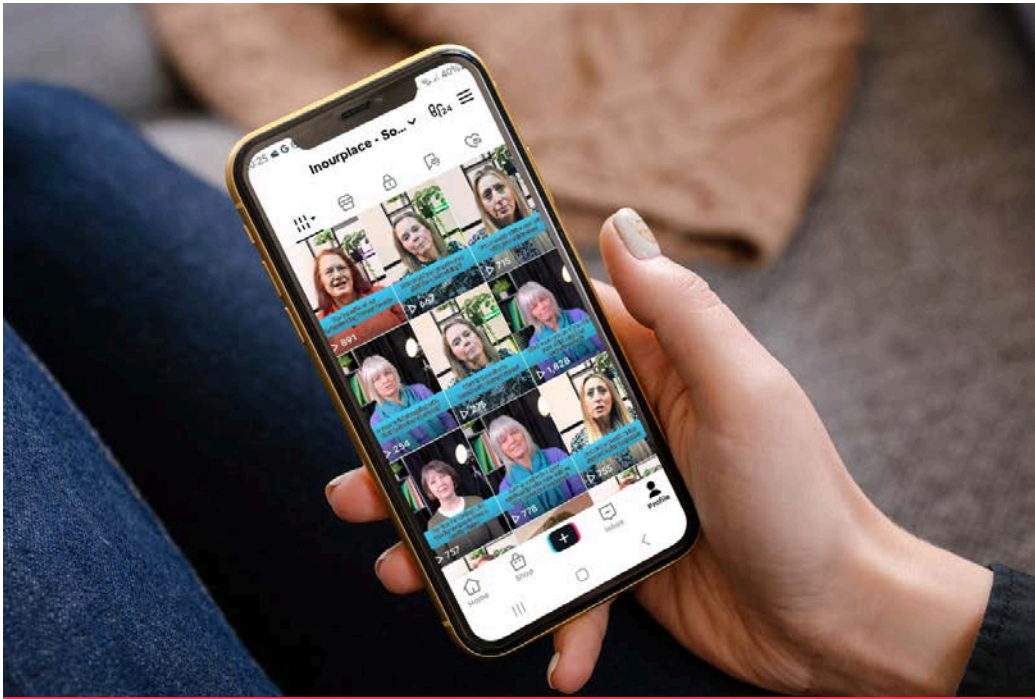


Understanding your child:  
from toddler to teenager

Online course empowering your parenting anytime, anywhere

[\(bitesize e-learning\)](#)

Expert insights for your parenting



Follow us on TikTok

Short films on sleep, toddler tantrums, school behaviour, teenagers and much more

[\(bitesize video content\)](#)

Navigating nightmares and night terrors



My child is having  
nightmares or night terrors

Advice and guidance from Clinical Psychologists and Health Visitors with parent voices

[\(5 minute watch\)](#)

Talking about big world problems



How to talk to your child  
about events in the news  
without making them anxious



The Psychologist's advice

[\(5 minute read\)](#)



# FREE ACCESS

You're receiving this update as your school is based in a free (pre-paid, funded) access area for [inourplace.co.uk](https://www.inourplace.co.uk)

Find the [Free Access Checker](#) in the course library to unlock free online learning that could change your relationship with your child for the better.

Evidence based - Created in the NHS - Private and available anytime, anywhere

Follow the Solihull Approach on social media



[www.inourplace.co.uk](https://www.inourplace.co.uk)

0121 296 4448

[solihull.approach@uhb.nhs.uk](mailto:solihull.approach@uhb.nhs.uk)



## Summer Half Term Tennis!

Come and join us at Knightwood Leisure Centre for lots of fun from  
Tuesday 27th - Thursday 29th May.

Book individual days or all 3 at a discounted rate.



[For More Info / Book](#)

### Absolute Tennis

60 Common Road, Chandlers Ford  
United Kingdom

You received this email because you signed  
up on our website or made purchase from  
us.



[Unsubscribe](#)





# FREE SPACES

## Monkey Bizness

Monday 19th May - 6:15pm - 8:15pm -  
234 Empress Rd, Southampton SO14 0JW



To book or to find out more about Spotlight membership for discounted activities please email - [louisa@spotlightuk.org](mailto:louisa@spotlightuk.org) mention Scarlett's smiles

For more information visit the events calendar on our website  
[www.spotlightuk.org](http://www.spotlightuk.org) Reg Charity 1129258