

NORTH BADDESLEY JUNIOR SCHOOL PHSE – Whole School Curriculum Map

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	My healthy self: <i>How I can take care of my mind and body?</i>	Connecting with others: <i>What helps us feel safe and included?</i>	The online world: <i>How should we treat each other online?</i>	Citizenship 1: <i>What rights and responsibilities do we have?</i>	Health Protection: <i>How can we prevent illness and injury, and respond if they happen?</i>	Citizenship 2: <i>What careers do people choose and why?</i>
Year 4	My healthy self: <i>How can I make healthy choices?</i>	Connecting with others: <i>How can we respect each other?</i>	The online world: <i>How can I evaluate what I see online?</i>	Citizenship: <i>How can I spend my money wisely?</i>	Growing up: <i>How will my body and emotions change as I grow up?</i>	Staying safe: <i>What signs help me recognize what is safe and unsafe?</i>
Year 5	My healthy self: <i>How can I support my mind and body as I grow?</i>	Connecting with others: <i>Why are healthy relationships important?</i>	The online world: <i>How am I influenced by what I see online?</i>	Citizenship 1: <i>How can we make a difference in our communities and beyond?</i>	Growing up: <i>How can I manage the changes to my body and emotions as I grow up?</i>	Citizenship 2: <i>How can we be in control of our money?</i>
Year 6	My healthy self: <i>How do my choices shape my future wellbeing?</i>	Connecting with others: <i>What does it mean to stand up for myself and others?</i>	The online world: <i>How do I feel about being online?</i>	Citizenship: <i>How can we protect everyone's rights?</i>	Staying safe: <i>How can I stay safe as I grow up?</i>	Additional first aid/ Sex Education: <i>(non-statutory)</i>

My Healthy self	Connecting with others	The online world	Citizenship	Staying safe	Growing up and health protection
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