



PSHE

at North Baddesley Junior School

Preparing children to thrive in a changing world.

PSHE (Personal, Social, Health and Economic education) is at the heart of our curriculum. It equips our children with the knowledge, skills and attributes they need to lead confident, healthy and responsible lives – now and in the future.



Fully compliant

Our PSHE and RSE curriculum meets statutory requirements and is regularly reviewed to ensure alignment with current Department for Education guidance.



Taught using Kapow PSHE & RSE

We follow the Kapow PSHE & RSE scheme of work – a trusted, research-informed programme that provides engaging, age-appropriate lessons and resources for all our children.

Kapow
Primary

What is PSHE at North Baddesley?

PSHE education helps our children develop the knowledge, skills and attributes they need to thrive as happy, healthy and responsible individuals.



Know and value themselves and others

We build confidence, self-esteem and a positive sense of identity.



Build and maintain positive relationships

We learn how to form and maintain respectful, healthy relationships.



Develop emotional wellbeing and resilience

We understand and manage our emotions and develop resilience to support our wellbeing.



Understand and respect the world around them

We learn about our communities, diversity and our responsibilities to others and the world.



Make informed, safe and healthy choices

We explore how to stay safe, make good choices and look after our health and wellbeing.



Develop aspirations and achieve their potential

We build ambition and skills to help us achieve our goals and dreams.



A safe space to learn

We create a safe, inclusive and respectful environment where every child feels confident to share, listen and learn.

Our PSHE curriculum covers:



Relationships

Building positive, respectful relationships and celebrating diversity.



Health & Wellbeing

Physical health, mental wellbeing and emotional resilience.



Living in the Wider World

Rights and responsibilities, communities, diversity and the environment.



Economic Wellbeing

Money, work and aspirations for the future.



RSE (Relationships & Sex Education)

Age-appropriate, factual learning about growing up, relationships and respect.

PSHE at North Baddesley empowers our children with the knowledge, skills and values they need to lead confident, healthy and successful lives.