

North Baddesley Junior School

"Respect. Aspire. Resilient"

Asthma Policy



Status:	Current	Approval Level:	FGB
Review Frequency:	Annually	Author/Role:	Headteacher
Date First Written:	2026	Date Last Approved:	September 2026
Date of Next Review:	September 2027	Statutory:	Yes
Source:	School	Any Changes:	No

I. Policy Statement

North Baddesley Junior School is committed to providing a safe, inclusive and supportive environment for all pupils. We recognise that asthma is a common long-term medical condition affecting many children and that, when managed effectively, pupils with asthma should be able to participate fully in all aspects of school life.

The school aims to ensure that every pupil with asthma:

- has immediate access to their prescribed reliever inhaler;
- receives appropriate support to manage their condition;
- is included in all educational activities, including PE, clubs and educational visits;
- is supported by staff who understand asthma and know how to respond appropriately during an asthma attack.

This policy supports the school's duties under:

- Children and Families Act 2014
- Supporting Pupils at School with Medical Conditions (DfE)
- Equality Act 2010
- Human Medicines (Amendment) Regulations 2014 (Emergency Salbutamol Inhalers)
- Hampshire County Council guidance on supporting pupils with medical conditions.
([Parliament Questions and Statements](#))

2. Scope

This policy applies to:

- all pupils diagnosed with asthma;
- all teaching and support staff;
- volunteers;
- supply staff;
- governors;
- parents and carers.

3. Aims

The school will:

- maintain an up-to-date Asthma Register;
- ensure appropriate Individual Healthcare Plans (IHCPs) are in place where required;
- ensure pupils have rapid access to their reliever inhaler at all times;
- minimise avoidable asthma triggers;
- provide annual asthma awareness training for staff;
- maintain emergency asthma medication where the school has chosen to hold one;
- work closely with parents and healthcare professionals.

4. Roles and Responsibilities

Governing Body

The Governing Body will:

- ensure suitable arrangements are in place;
- review this policy annually;
- ensure appropriate resources are available.

Headteacher

The Headteacher will ensure:

- the policy is implemented;
- staff receive appropriate training;
- asthma information is shared with relevant staff;
- emergency medication is available where provided;
- incidents are reviewed.

School Staff

All staff will:

- know which pupils have asthma;
- know how to recognise symptoms;

- understand the school's emergency procedure;
- allow pupils immediate access to inhalers;
- never prevent a child using their inhaler;
- record incidents requiring emergency treatment.

5. Parents and Carers

Parents are responsible for:

- informing the school of their child's asthma diagnosis;
- supplying prescribed inhalers and spacers;
- ensuring inhalers are clearly labelled;
- replacing medication before expiry;
- providing written consent for emergency salbutamol inhaler use (where applicable);
- updating the school following any changes in treatment.

6. Pupils

Pupils are encouraged, according to their age and maturity, to:

- recognise worsening symptoms;
- carry or access their inhaler quickly;
- inform an adult if symptoms develop;
- use medication responsibly.

7. Asthma Register

The school will maintain an Asthma Register including:

- pupil name;
- class;
- emergency contacts;
- prescribed medication;
- known triggers;

- healthcare plan status.

The register will be reviewed at least annually.

8. Individual Healthcare Plans (IHCPs)

Where appropriate, pupils will have an Individual Healthcare Plan which includes:

- asthma triggers;
- daily medication;
- symptoms;
- emergency treatment;
- parental contact details;
- healthcare professional advice.

9. Storage of Medication

Reliever inhalers:

- must always be easily accessible;
- must never be locked away;
- should accompany pupils during PE, off-site visits and emergencies.
- Use of inhalers is recorded.

Where children are assessed as competent, they may carry their own inhaler.

10. Physical Education and School Activities

Pupils with asthma will be encouraged to participate fully.

Staff will ensure:

- inhalers are readily available;
- pupils can stop and use medication if required;
- appropriate warm-up activities are undertaken.

No pupil will be excluded solely because they have asthma.

II. Educational Visits

The visit leader will ensure:

- inhalers accompany pupils;
- emergency medication is taken;
- supervising adults understand emergency procedures.

12. Recognising an Asthma Attack

Common symptoms include:

- persistent coughing;
- wheezing;
- shortness of breath;
- difficulty speaking;
- chest tightness;
- unusually quiet behaviour;
- pale or blue lips (severe emergency).

13. Responding to an Asthma Attack

Staff should:

1. Keep the pupil calm.
2. Sit them upright.
3. Help them use their reliever inhaler.
4. Give **one puff at a time**, encouraging **four breaths after each puff**, up to **10 puffs** using a spacer if available.
5. If there is no improvement after 10 puffs, call **999**.
6. Continue giving one puff every 30–60 seconds until help arrives.
7. Contact parents immediately.

Always call 999 if:

- symptoms worsen;
- the child becomes exhausted;
- lips become blue;
- the pupil collapses;
- there is any doubt about their condition.

14. Emergency Salbutamol Inhaler

North Baddesley Junior School maintains an emergency salbutamol inhaler in accordance with Department for Education guidance.

The emergency inhaler will only be used:

- for pupils diagnosed with asthma;
- where written parental consent has been obtained;
- when the child's own inhaler is unavailable, empty or ineffective.

Following use:

- parents will be informed immediately;
- the incident will be recorded;
- equipment will be cleaned or replaced in accordance with manufacturer guidance.

15. Staff Training

All relevant staff will receive training covering:

- recognising asthma symptoms;
- emergency treatment;
- inhaler and spacer technique;
- emergency inhaler procedures;
- record keeping.

Training will be refreshed annually or sooner if required.

16. Record Keeping

The school will maintain records of:

- asthma register reviews;
- parental consent;
- Individual Healthcare Plans;
- emergency medication use;
- asthma incidents;
- staff training.

17. Confidentiality

Medical information will be shared only with staff who need it to support the pupil safely, in accordance with UK GDPR and Data Protection legislation.

18. Equality

No pupil will be disadvantaged because of asthma.

Reasonable adjustments will be made to ensure full participation in school life in accordance with the Equality Act 2010.

19. Monitoring and Review

This policy will be reviewed:

- annually;
- following significant incidents;
- following changes to legislation or Hampshire County Council guidance.

Appendix A – Emergency Asthma Procedure

If a pupil develops asthma symptoms:

1. Stay calm.
2. Sit pupil upright.
3. Help with reliever inhaler.
4. Use spacer if available.
5. Give **one puff every 30–60 seconds (up to 10 puffs)**.
6. Call **999** if symptoms do not improve or worsen.
7. Inform parents.
8. Record the incident.

Appendix B – Possible Asthma Triggers

- Viral infections
- Exercise
- Cold air
- Pollen
- Dust
- Animal fur
- Smoke
- Air pollution
- Strong fragrances
- Emotional stress