

North Baddesley Junior School



CONTACT - The School Newsletter Spring Term (12)

Dear Parents and Carers,

*'What is this life if, full of care,
We have no time to stand and stare?'*

The opening lines to my favourite poem 'Leisure' by W.H. Davies. My favourite, not only because of its reminder to slow down and indulge our whole selves, but it also serves as my anchor when I need to practise "paying attention on purpose"—it's my way of activating mindfulness.

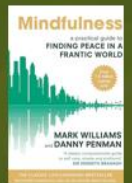
Mindfulness does take practise, and at times it feels anomalous (like the time I was instructed to eat a sprout mindfully) however, through consistent effort, it becomes instinctive. And while it is still perceived as eccentric to many, there is some pretty cool science behind it; the NHS for example have started using mindfulness techniques in the treatment of low-level anxiety and depression. Additionally, there is a growing body of research - some of which I have been fortunate to be involved with - that highlight the positive effects mindfulness has on learning and memory. Oh, and it reduces cortisol and has that magic effect of slowing down time. This knowledge makes my brain very happy!

There is no right or wrong way of engaging in mindfulness, as it can be applied to anything and everything (including eating sprouts), and it requires nothing but our attention. Guided meditations are a great place to start, especially if your mind chatter is anything like mine, as it helps steer those ripples of thought towards the present moment.

If you would like to dip your toes in, I have provided some resources below, they are a great place to begin. After all, 'what is this life if, full of care, we have no time to stand and stare?'

<https://www.nhs.uk/mental-health/self-help/tips-and-support/mindfulness/>

Mrs. Wildey (now with a craving for sprouts.....)



The following link gives parents access to the spring edition of the 'All about Family' magazine, which may be of interest in supporting children and families at home. As the holiday approaches, parents may find it a helpful read.

<https://allabout-family.co.uk/national-magazine/>

Music

This week our talented musicians gave an exceptional performance. The dedication and hard work that our students put into preparing the music events this week were clearly evident in their outstanding musical performances.

We are incredibly proud of each and every student who participated in the event and we would like to extend our congratulations to them for their remarkable achievement. The commitment and passion they have demonstrated towards their music is truly commendable.

We would like to take this opportunity to thank all the parents and guardians for their continued support and encouragement that has helped our students to excel in their musical endeavours. Your support plays a vital role in nurturing their talents and helping them reach new heights. We look forward to many more successful performances in the future.

Student Spotlight

We are delighted to inform you that the recent fundraising event organised by a group of our students and their parents was a tremendous success, thanks to the hard work and dedication. The children demonstrated exceptional politeness and competence while serving customers, resulting in an incredible turnout from the NBIS/NBJS



community. We are thrilled to announce that a total of £295.12 was raised during the event. This generous contribution will be greatly appreciated by the charity that we all support – Romsey Young Carers.

Once again, we extend our thanks to all the students, parents, and staff who contributed to making this event a success. Your support is truly valued and makes a significant difference in our school community.



Spring Term with Eco Committee and Gardening Club

As the weather begins to warm, the trees come into blossom and the ground has been prepared, Eco Committee have been busy planting up the veggie beds. Last month, Gardening Club had sown pumpkin, sweetcorn and sweet-pea seeds and so this week some of the plants were ready to be planted. Mini cloches - made from empty plastic bottles - have been used to cover the young plants and protect them from pests as their roots grow.



Thanks to the strong arms of Y6 gardeners (Billy, Matthew, Daniel and Jake) the fruit beds have been dug out, weeded and prepared ready to receive strawberry plants from Mr Bennett's allotment. Thanks to all the Eco volunteers, (especially Roop, Valentina and Oliver) who helped to raise money at our spring soft toy raffle. Well done to Pippa Y6 who won the very popular giant 'squish-mallow' hot chocolate toy. Money raised will be used to replace some of our broken gardening tools. As we close for the holidays, the birds are busy looking for new nest sites and so the bird feeders have been topped up with plenty of suet pellets. Especially hungry is our resident pheasant- Phil the Pheasant -he often pops to say hello through the Y3 classroom doors.

Don't forget to wash your bird feeders at home to protect the birds from disease and always offer fresh drinking water. Happy Holidays to all.



Netball

Our school's netball team successfully reached the Hampshire finals this year. Throughout the competition, they exhibited excellent sportsmanship and a positive attitude, making us incredibly proud of their achievements. We are thrilled to see their hard work pay off and we hope that they will continue to excel in their future.

We would like to take this opportunity to express our gratitude to Miss Hall and Mrs Hallum for their exceptional dedication to our students. They have generously given their time to coach and train the team, and their commitment is truly commendable. The hard work and passion that Miss Hall and Mrs Hallum have shown in supporting and inspiring our students have not gone unnoticed. Their selfless efforts have had a positive impact on the team, helping them grow and develop both individually and as a group.

We are extremely fortunate to have such dedicated individuals guiding and mentoring our students, and we value the contributions they make to our school community. Please join us in congratulating the team on their accomplishments and in supporting them as they continue to grow and develop both on and off the court.

Rhys and Zara have been dedicated and hardworking in their efforts to achieve their next belt in Jui-Jitsu outside of school. We are exceptionally proud of their commitment and determination. Please join us in congratulating Rhys and Zara on this fantastic achievement.



Uniform

Uniform is very important as it sets the standard and tone of the school. Please can we remind parents of our uniform policy [Microsoft Word - School Uniform Statement .docx](#) . Please can you ensure your child attends school in proper school footwear and not trainers. Thank you for your continued cooperation.

School Dinners Menu

Just a little reminder that if you are discussing school menu choices with your child prior to returning to school after the Easter break please refer to the Week 2 menu (dated 21st April).

INSET Days for Next Academic Year

We regret any confusion caused by the joint INSET day letter regarding the upcoming INSET days for the next academic year. We would like to confirm that the correct dates were outlined in our Spring Term 3 contact and are as follows.

Wednesday 3rd September 2025

Friday 28th November and Monday 1st December 2025

Monday 23rd February 2026

Monday 1st June 2026

Important Reminder

As we progress into the changing weather, we kindly request that you pay close attention to the forecast to ensure that your children are prepared for the day ahead. With sunny days becoming more frequent, it is important that the children have applied sun cream and bring hats to shield them from the sun. This is particularly important, as they will be spending more time outdoors on the open school field.

Your cooperation in helping to ensure the well-being and comfort of the children is greatly appreciated.

As we approach the Easter break, we would like to take this opportunity to wish all our families a wonderful and restful holiday. Enjoy the break and we eagerly anticipate seeing everyone back for the summer term.

Thank you for your continued support and involvement in our school community. If you have any questions or require further information, please do not hesitate to get in touch.

Best wishes,



Miss L. Wootten,
Head Teacher

Upcoming dates and events

Dates for the Diary

- **Highlighted means it has been added since the original contact and is a new date/event**
- **Highlighted means there has been a change of date/information from the original date set.**

	Y3	Y4	Y5	Y6	
April 2025					
Monday 7th April - Monday 21st April	✓	✓	✓	✓	EASTER HOLIDAYS
Tuesday 22nd April	✓	✓	✓	✓	Return to school
Thursday 24 April			✓		Year 5 in house portals to the past workshop
Friday 25 th April			✓		Year 5 at 'The Big Bang' Science Workshop at Mountbatten – children being dropped off at 8:50 to a member of the NBS team.
Week beginning 28th April	✓	✓	✓	✓	School Clubs begin
MAY 2025					
Monday 5th May	✓	✓	✓	✓	BANK HOLIDAY
Thursday 8th May			✓		Year 5 Community Tea (1:30-3:00) Grandparents invited.
Monday 12th- Thursday 15th May				✓	Year 6 SATs Week
Friday 16th May				✓	Whole school REF day - wear old clothes to school.
Monday 19th May - Friday 23rd May				✓	Year 6 Booster Swimming Lessons
Tuesday 20th May	✓				Year 3 Egyptian workshop - Treehouse Theatre
Thursday 22nd May	✓	✓	✓	✓	Class Photos - End of year.
Thursday 22nd May	✓	✓	✓	✓	School Disco (Yr.3 & 4: 4.30 -5.45) (yr. 5 & 6: 6:00 – 7.15)

Friday 23rd May	✓	✓	✓	✓	Inclusion Day (School PE kits to be worn).
Monday 26th- Friday 30th May	✓	✓	✓	✓	MAY HALF TERM
JUNE 2025					
Monday 2nd June – Friday 13th June		✓			Year 4 Statutory Multiplication Tables Check
Thursday 5th June	✓	✓	✓	✓	SPORTS DAY PART 1 9-12.10pm (wear PE kit to school)
Friday 6th June	✓	✓	✓	✓	SPORTS DAY PART 2 9-12.10pm (Parents invited with parent picnic.) Wear PE kit to school.
Wednesday 11th June	✓				Year 3 Egyptian day (Dress up)
Tuesday 10th June					Year 2 Parent Meeting for September 2024 Year 3's
Thursday 12th June				✓	Year 6 RSE parent meeting 3:30 - 4:30 (Adults only).
Wk. beginning 16th June	✓	✓	✓	✓	Clubs finish this week.
Monday 16th June – Thursday 19th June	✓	✓	✓	✓	REF WEEK (Old clothes all week)
Tuesday 17th June	✓				Year 3 Parent RSE Meeting (3:30 - 4:30)
Friday 20th June	✓	✓	✓	✓	INSET DAY
Monday 23rd June - Friday 27th June				✓	Year 6 Residential- Stone Farm Please note the Monday is an INSET - trip is still leaving on the Monday.
Monday 23rd June	✓	✓	✓	✓	INSET Day Children going to Stone Farm to be in school at 9:30 for 10:00 leave. Early check in available at 8:50.
July 2025					
Tuesday 1st July				✓	Year 5 RSE Parent Meeting (3:30 - 4:30)
Wednesday 2nd July	✓	✓	✓	✓	Transition Day (TBC with secondary school).
Wednesday 2nd July	✓	✓	✓	✓	Meet the new teacher
Thursday 3rd July		✓			Year 4 RSE Parent Meeting (3:30 - 4:30)
TBC					Summer Festival.
30th June - 4th July 7th July - 11th July		✓			Year 4 Swimming (every PM)
Friday 11th July	✓	✓	✓	✓	End of year reports go home.
Thursday 10th July				✓	Year 6 production photos 9:30
Tuesday 15 th July					Rock 2 the Beat at 2:30pm
Wednesday 16th July				✓	Year 6 production- Matinee Performance to parents 1:45
Wednesday 16th July				✓	Year 6 production- Evening Performance to parents 6:00
Thursday 17th July				✓	Year 6 production- Evening Performance to parents 6:00
Friday 18th July				✓	Celebration trip to Paultons.
July (Date TBC)				✓	Year 6 Information Evening at Mountbatten time TBC
Monday 21st July				✓	Year 6 leavers festival/leavers lunch
Tuesday 22nd July				✓	Leavers Event - Parents invited 10:00 – 1:00 (Assembly & picnic on the field)

Tuesday 22nd July	✓	✓	✓	✓	END OF TERM - Finish at normal time.
23rd July -	✓	✓	✓	✓	Summer Holiday

House Points

Well done





Attendance

This Week
95.5%

Aiming for
97%+



Year	Attendance for Spring 2
3	96.6%
4	95.99%
5	96.92%
6	94.71%

Attendance Award

Presented to: Year 5
For managing to achieve 96.92% attendance in
Spring Term 2 2025

*A really great achievement which will contribute
to your learning.*



Attendance Award

Presented to: Year 5B
For managing to achieve 98.1% attendance in
Spring Term 2 2025

*A really great achievement which will contribute
to your learning.*





All that's missing is you...

Join us at 15th Romsey (North Baddesley)
Beavers for fun, adventure and skills for life.

We're looking for more young people and adult volunteers to
join our friendly and exciting Beaver Colony.

If you have a young person between the ages of 6 - 7.5 who
would like to join, and you (or someone you know) can stay and
help at the sessions, we'd love to hear from you.

15th Romsey Beavers meet on Tuesdays from 5.45pm - 7.00pm.

To find out more, contact glv@nbscouts.org.uk



Holiday Activities

at Romsey Library



Hampshire
County Council

Library Service



Stay and Play

Monday 7th April, 10am - 1pm

Storytime - Bees

Tuesday 8th April, 11am

Junk Jodie: Spectacular! *

Tuesday 8th April, 2pm

Easter Eggs Enigma*

Thursday 10th April, 10-11am, £2 per child

Stay and Play

Monday 14th April, 10am - 1pm

Storytime - Easter Stories

Tuesday 15th April, 11am

Cress Pot - Drop in

Thursday 17th April, 10am - 4pm

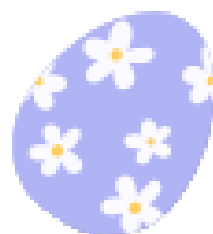
Italian Storytime - Bunnies and Chicks

Saturday 19th April, 10am

Saturday Family Fun - Every Saturday, 10am - 4pm

Construction Club - Every Saturday, 1 - 4pm

Rhyme Time - Every Thursday 11am and Friday 2pm



*ticketed event.

Book your place via
shop.hants.gov.uk

