# What brings you here today? What issues are you facing?







## Growing up online





## Home vs School





## Mobile Technology







## CHILDWISE January 2016

#### Time spent online 'overtakes TV' among youngsters

More than 2000 children aged 5-16 in schools across the UK complete the survey, on topics including their favourite apps and what they watch on YouTube.

The average time spent online is now 3 hours per day, compared with 2.1 hours watching television.

67% of young children own a tablet.

Children go online to watch videos, listen to music, play games and research their homework - and older children use it for social networking, particularly among girls.

YouTube is the dominant destination which is used every day by almost half of all five to 16-year-olds, to watch video clips, listen to music and use games-related material.

They particularly want to see "funny" content on YouTube, but about a third watch "how-to" videos, including how to play computer games.

## CHILDWISE January 2016

Young people online

#### 3 hours

amount of time 7-16-year-olds spend online each day

#### 4.8 hours

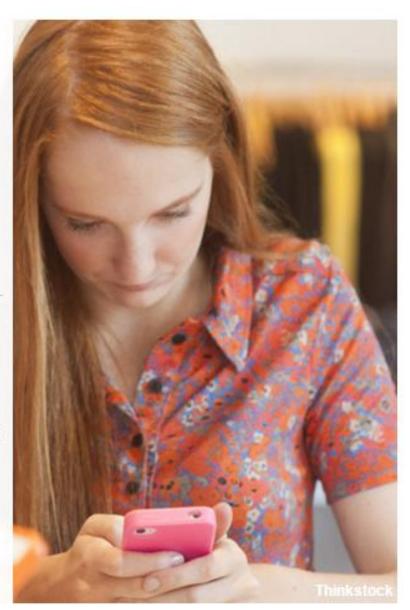
time 15-16-year-olds spend online

2.1 hours spent watching TV each day - down from 3 hours in 2000

60% watch TV via a phone, tablet or laptop

38% do most of their TV viewing on demand

Source: Childwise Monitor report 2016



#### Games, Apps and Websites









SPORTS

FIFA 16

























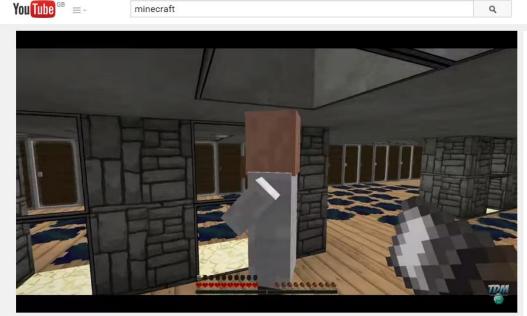




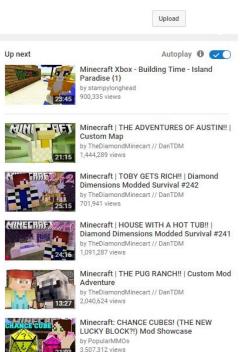




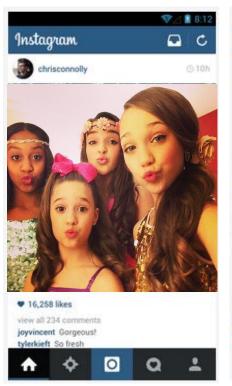
### YouTube and Instagram



Minecraft High School | SCIENCE CLASS DISASTER!! | Custom Mod Adventure



Minecraft School : JURASSIC WORLD













Zoe Sugg aka Zoella. You tube Vlogger

10,426,060 subscribers 719,194,072 views

Lives in £1m house in Brighton





Daniel Middleton aka DanTDM



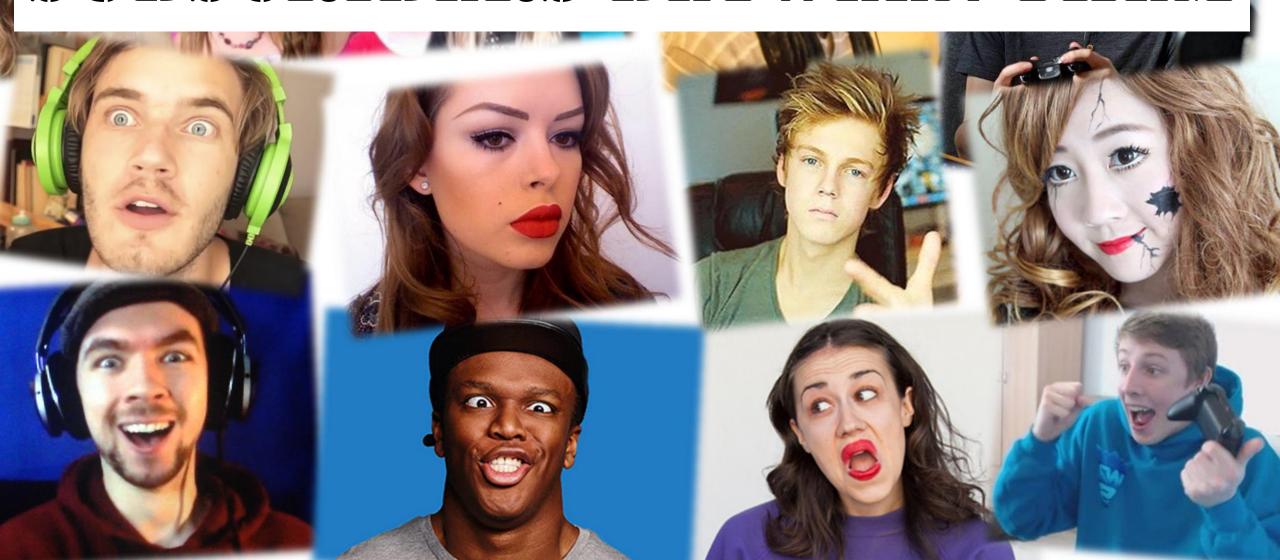
10,241,937 subscribers

6,481,798,332 views

70,000,000 views per week!!



# OVER 100 MILLION SUBSCRIBERS BETWEEN THEM



#### How is social media affecting our children?

## It's all about the 'likes'





#### Younger children online: How are families responding?

Professor Sonia Livingstone September 2015





## Findings

- Children are good at using technology
- Children are bad at evaluating
- Children are very limited in the Apps/games they use
- Children rarely use educational Apps
- Parents often allow children to use technology unsupervised

#### Risks children face....

Cyberbullying

Grooming and Phishing

Inappropriate websites







#### Cyberbullying (and cyber-meanness)

What is Cyberbullying?

How and where can you be Cyberbullied?

**STOP**cyberbullying



## Cyberbullying - TOP TIPS

- Don't be afraid to ask questions
- Offer reassurance and support
- Keep the evidence
- Block the bullies
- Know where to go to report and for support

## Grooming

What is online grooming?

What does an online friend mean to your child?

Is it the same for you?



## Grooming via gaming

Does your child play online games?

Do they know who they're playing against?

Do you know who they're playing against?

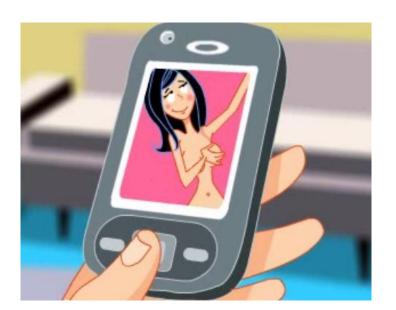


## Phishing and Blackmail

Phishing is the attempt to acquire sensitive information such as usernames, passwords, and money, by pretending to be trustworthy.

Fraudsters target your computer. They accuse you of committing a crime and try to extort money from you.





### Grooming, phishing, blackmail - TOP TIPS

- Talk to your child about their online friends
- Talk to them about online grooming / phishing
- Let your child know that you are always there for support and you understand how easy it is for things to get out of control online
- Learn how to report any inappropriate contact made to your child online

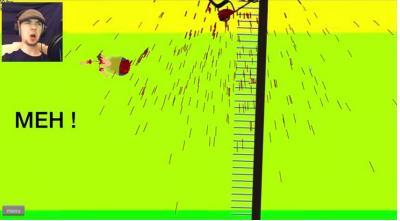
#### Inappropriate Content

#### Games, Videos, Apps & Websites

- Pornography
- Violence
- Swearing
- Racial Hatred
- Promoting eating disorders, self harm
- Gambling

What does the word 'inappropriate' mean in your house?







## Gaming





















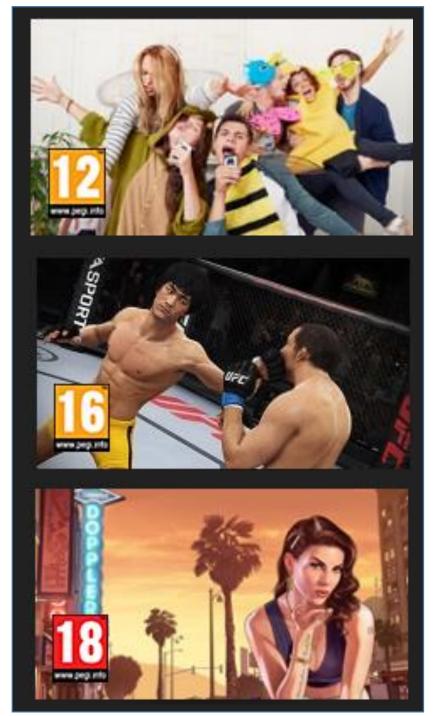






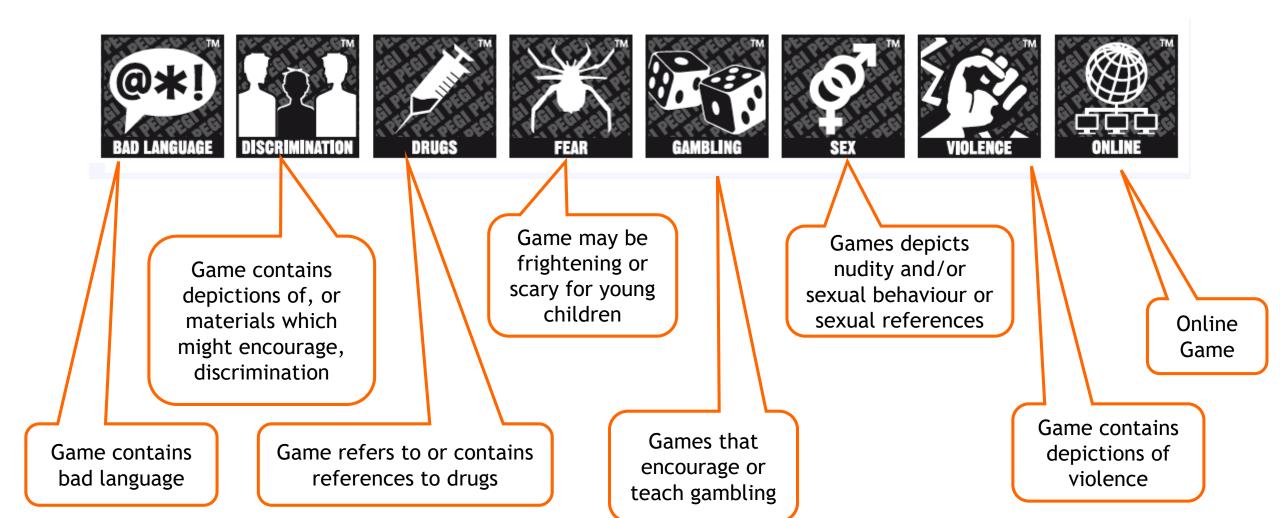






Descriptors shown on the back of the packaging indicate the main reasons why a game has received a particular age rating.

There are eight such descriptors: violence, bad language, fear, drugs, sexual, discrimination, gambling and online gameplay with other people.



## **Apps**





Does your child use a tablet or phone?

Are all the apps age appropriate?

Have you checked their PEGI rating?











#### Parental Controls

#### It is possible to set controls on:

- Tablets
- Mobile phones
- Games Consoles
- Computers
- Laptops
- Smart TVs
- Routers

Set on *all* devices that link to the internet

Remember...

Blocking and filtering are not 100% accurate and not a substitute for open communication!

#### Parental Controls - TIPS

#### Set rules for use

- Limit time
- Choose where are they use the technology?
- Ban inappropriate games/YouTube channels

#### **Control and Monitor**

- Block games/sites/channels not age appropriate
- What are they playing/watching?
- Who are they playing with?



## Dive into a world of discovery, learning and fun

YouTube Kids gives your family an easy way to watch their favourite programmes or explore anything that captures their imagination. It's free, simple to use and full of family-friendly videos.

YouTube Kids. Made for curious little minds.







#### Parental Control Apps - Android



Kids Place - Parenta kiddoware

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Screen Time Parent Screen Time Labs

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SecureTeen Parenta Infoweise

食食食食食



Norton Family pare NortonMobile

食食食水水



Parental Control

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ShieldMyTeen Parel Pribno

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Kids Zone Parental Out of the Park Apps

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YouTube Kids Google Inc.

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Mobile Fence Paren Mobile Fence

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NetSpark Parental ( NetSpark

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ESET Parental Cont.

食食食水水



Safe Browser Paren kiddoware

食食食用食

#### Parental Control Apps - iOS



Mobicip Safe Browser With... Education



SecureTeen
Parental Control
Utilities

\* Get •



Browser for Kids Lite – Parental... Education



Screen Time Parental Control Lifestyle

In-App Purchases



Qustodio Parental Control for iPad... Utilities



WebProtectMe Safe Browser wit... Productivity

In-App Purchases



Safe Browser for Education with... Education

In-App Purchases



ParentKit Parental Control...
Utilities

+ Get

In-App Purchases



curbi Parental Controls Utilities

In-App Purchases



Safe Family locator with... Lifestyle



Familoop Safeguard -... Utilities



Ranger Browser -Safe Internet Filt... Utilities



F-Secure SAFE
Utilities

+ Get

In-App Purchases



K9 Web Protection... Utilities

In-App Purchases



Parentsaround -Parental Control Utilities

In-App Purchases



Moment - Track how much you... Health & Fitness Get V



Kidslox - Parental Controls: Limit... Lifestyle



Browser for Kids – Parental control... Education

+ £0.79 ~



Family Protector Admin - Parent... Utilities



Safe Browsing for iPad with Parent... Utilities

Get v



Kids Safe Browser With Parental... Utilities





ScreenTimer -Parental Control... Productivity



NETGEAR Genie HD for iPad Utilities

Get v



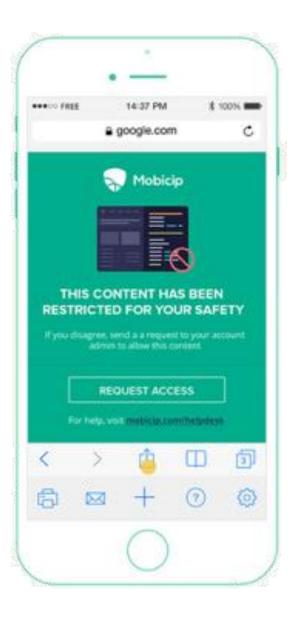


#### Parental Control Apps

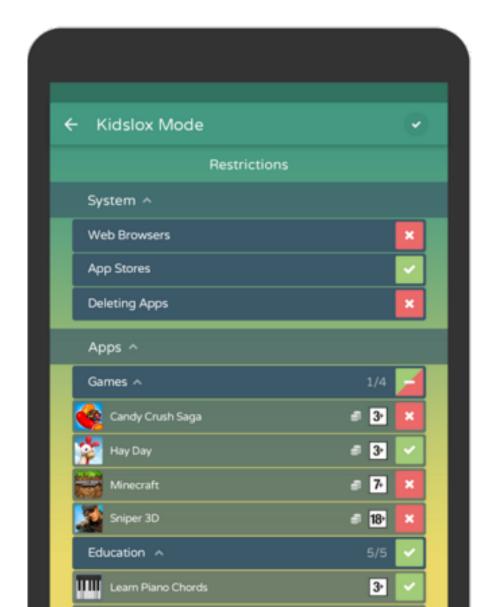
#### What can they do?

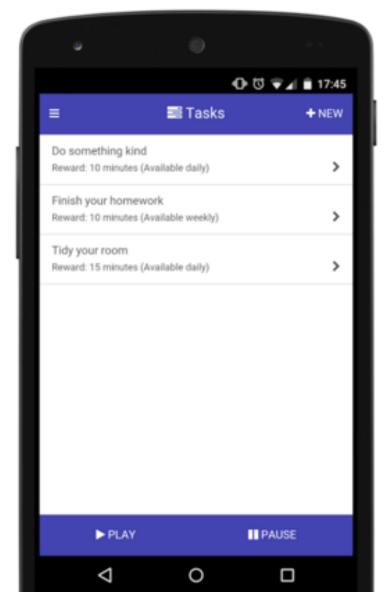
- Limit Contact Lists and Text Message Filtering
- Block Features and Media
- Set Time Restrictions
- App Blocking and Disabling
- Access Parental Controls Anywhere
- Internet Protection
- Read texts
- Review photos
- View call logs





#### Parental Control Apps







#### Apps recommended by parents



Screen Time Android free & iOS £2.29

Parents can manage their child's screen time, enforce bedtime, set dinnertime, study time and schedule family time throughout the day.



Kidslox iOS & Android £4.99

Parental Controls for Android and iOS devices: Limit screen time and block apps on all of your kid's devices.



Our Pact iOS free

Parents can manage their child's screen time, enforce bedtime, set dinnertime, study time and schedule family time throughout the day.



Selfie Cop Android free

Download the parent and child apps to the devices. Photos are automatically copied to the parents phone.

# Social Media & Internet Age Restrictions

13

Twitter, Facebook. Instagram, Pinterest. Google+, Tumblr, Reddit, Snapchat, Secret, Pandora, iTunes, Spotify, Skype, Myspace, Minecraft



LinkedIn



**Whats App** 



Tinder, YikYak, Vine

18 (Or, need adult permission)

Youtube, WeChat, Kik, Keek, Foursquare, Flickr Path, Xbox Live (child account until 18), Playstation Network (sub account until 17) More than three-quarters of children aged 10 to 12 in the UK have social media accounts, even though they are below the age limit, a survey\* for CBBC Newsround suggests.

Among under-13s, 78% were using at least one social media network, despite being below the age requirement.

Instagram was used by 41% of 10 to 12 year olds and the company said "keeping the community safe" online was its "number one priority. We require anyone on Instagram to be over the age of 13, and if anyone suspects accounts are run by under-13s, they should report them".

## Summary

- Make sure your child is happy to talk to you
- Set rules for their online use
- Set parental controls, (where possible)
- Know what they are doing
- Speak to them about their online presence
- Know how to report



## Help and Support

Think you know

Childnet International

Kidsmart

**CEOP** 

Report Abuse

Report Illegal Content

E-Safety

Get Safe Online

Windows Safe Set Up

**Facebook Safety** 

Instagram Tips for Parents

Vodafone

www.thinkuknow.co.uk/parents/

www.childnet.com/resources/know-it-all-for-parents

www.childnet.com/parents-and-carers

www.kidsmart.org.uk/parents

www.ceop.police.uk/

www.ceop.police.uk/Ceop-Report/

www.iwf.org.uk

www.whoishostingthis.com/resources/e-safety/

www.getsafeonline.org

account.microsoft.com/family/about

www.facebook.com/safety

help.instagram.com/154475974694511/

www.vodafone.com/content/parents.html/

### Video Links for parents

**CEOP You Tube Channel** 

https://www.youtube.com/user/ceop/videos

Cyberbullying

Grooming

Pornography

Gaming

Social Networking

Summary

https://www.youtube.com/watch?v=5yVE0XszE3A

https://www.youtube.com/watch?v=Pt-9NI1qCKI

https://www.youtube.com/watch?v=KIEYwjdjVcw

https://www.youtube.com/watch?v=ZxxeOL4-xTQ

https://www.youtube.com/watch?v=aAprRXbQMTE

https://www.youtube.com/watch?v=0nZzIhCsJpg