



# ELSA

## Emotional Literacy Support Assistant

Here at North Baddesley Junior School we make sure that every child's emotional wellbeing is looked after.

In our ELSA room (Silver Birch) we have a quiet, relaxing space where we have 1:1 or group sessions working towards structured targets.

Each child will have their own personally written programme identifying the areas they need support with.

Soft toys and games are available for quiet time.

The key areas children can receive support in are as follows:

Emotional awareness. Social skills. Friendship skills.  
Self-esteem. Anger management.

These sessions are weekly and last for 6 weeks.  
Targets will continue to be observed in class and ELSA support will continue as a drop-in session, if required.

Mrs. Jones - ELSA practitioner.

